

Spartak Sports Club, Inc

WWW.SPARTAKJUDO.ORG

64-34 99th Street Rego - Park NY 11374

Tel. (718) 459-4800 Fax. (718) 897-7862

<u>COACH</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>SUNDAY</u>
<i>Arkadiy Aronov</i>					
	<u>JUDO</u>	<u>JUDO</u>	<u>JUDO</u>	<u>JUDO</u>	<u>JUDO</u>
<i>Arkadiy Aronov</i> <i>Irina Rudenko</i> <i>Moshe Aronov</i>	<u>sport class/Judo</u> 6:00-7:00 pm	<u>sport class/Judo</u> 5:00-6:00 pm	<u>sport class/Judo</u> 6:00-7:00 pm	<u>sport class/Judo</u> 5:00-6:00 pm	<u>Judo</u> 10:00am -11:00 ---
<i>Arkadiy Aronov</i> <i>Irina Rudenko</i> <i>Moshe Aronov</i>		6:00-7:00 pm		6:00-7:00 pm	11:00 - 12:00am
<i>Arkadiy Aronov</i> <i>Irina Rudenko</i> <i>Moshe Aronov</i>		7:00 - 8:00 pm		7:00 - 8:00 pm	12:00 -1:00pm
		Adults		Adults	Adults
<i>Arkadiy Aronov</i> <i>Irina Rudenko</i> <i>Moshe Aronov</i>		13+ & Adults 8:00 - 9:00 pm		13+ & Adults 8:00 - 9:00 pm	13+ & Adults 2:00 -3:30 pm
<i>Arkadiy Aronov</i>	MMA		MMA		MMA
<i>Irina Rudenko</i>	7:00-8:00 pm		7:00-8:00 pm		9:00 -10:00 am

Starts January, 2023.

Saturday: JUDO classes start at 10:00am